

## EXCERPTS FROM THE 2015 SEX-EDUCATION CURRICULUM

<p><b>Grade 3:</b> Age 8 P124/244</p>	<p>describe how visible differences (<i>e.g., skin, hair, and eye colour, facial features, body size and shape, physical aids or different physical abilities, clothing, possessions</i>) and invisible differences (<i>e.g., learning abilities, skills and talents, personal or cultural values and beliefs, gender identity, sexual orientation, family background, personal preferences, allergies and sensitivities</i>) make each person unique, and identify ways of showing respect for differences in others [PS, IS]</p>
<p>P231/244 Definition/Glossary</p>	<p><i>gender identity.</i> A person’s sense of self, with respect to being male or female. Gender identity is different from sexual orientation, and may be different from birth-assigned sex. (Refer to the Ontario Human Rights Commission’s Policy on Discrimination and Harassment because of Gender Identity, at <a href="http://www.ohrc.on.ca">www.ohrc.on.ca</a>.)</p>
<p><b>Grade 4:</b> Age 9 P141/244</p>	<p><i>Teacher prompt:</i> “What can change socially as you start to develop physically?”</p> <p><i>Student:</i> “Relationships with friends can change, because sometimes people start being interested in different things at different times. Some people start ‘liking’ others. They want to be more than ‘just friends’ and become interested in going out. Sometimes people treat you as if you are older than you actually are because of how you look. Sometimes classmates, friends, or family make comments or tease you about the changes.”</p>
<p><b>Grade: 6</b> Age 12 P175/244</p>	<p><i>Teacher prompt:</i> “Things like wet dreams or vaginal lubrication are normal and happen as a result of physical changes with puberty. Exploring one’s body by touching or masturbating is something that many people do and find pleasurable. It is common and is not harmful and is one way of learning about your body.”</p>
<p><b>Grade 7:</b> Age 13 P197/244</p>	<p><i>Student:</i> “HIV is transmitted through contact with bodily fluids – semen, blood, vaginal or anal fluid, and breast milk. HIV cannot live outside the body. For you to be infected, the virus must enter your bloodstream. That can happen through the sharing of needles as well as through unprotected sexual intercourse, which is the most common method of infection. To prevent the transmission of HIV, avoid behaviours associated with greater risks of HIV transmission, like vaginal or anal intercourse without a condom and injection drug use. It is very important that you use a condom if you do have sex. Avoid sharing drug use equipment or using needles that have not been sterilized for any purpose, including piercing, tattooing, or injecting steroids. One of the best things you can do to stop HIV is to stop the stigma that is associated with having the infection. Gossiping about someone with HIV or avoiding everyday contact with them makes it more challenging for people to tell others that they have HIV or to get tested for HIV. These things make it easier for HIV to spread.”</p>
<p><b>Grade 8:</b> Age 14 P215-216/244</p>	<p><i>Teacher prompt:</i> “How would thinking about your personal limits and making a personal plan influence decisions you may choose to make about sexual activity?”</p> <p><i>Student:</i> “Thinking in advance about what I value and what my personal limits are would help me to respond and make decisions that I felt comfortable with in different situations. I would be able to approach a situation with more confidence and stick to what I had planned. I would be less likely to be caught off guard and have to react without having thought through the options and possible consequences.”</p>
<p><b>What can I do?</b></p>	<p>If you have concern with any one of the above, please email <a href="mailto:kwparentscares@gmail.com">kwparentscares@gmail.com</a> . We work together to protect our kids. The full version can be found @: <a href="https://www.edu.gov.on.ca/eng/curriculum/elementary/health.html">https://www.edu.gov.on.ca/eng/curriculum/elementary/health.html</a></p>